# LS-FT200 - FUNCTIONAL TRAINER









## **PRODUCT FEATURES**

With the Legion LS-FT200 Spartan Dual Adjustable Pulley Functional Trainer, you'll enjoy resistance training that incorporates freedom of motion, all designed to help you increase core strength, balance, stability and coordination. Plus, it comes standard with two 200 lb weight stacks!

SOLID STEEL FRAME 2" x 4" 11 gauge steel frame

**SUBSTANTIAL WEIGHT STACK** (2) x 200 lb weight stack

**RESISTANCE RATIO** Resistance ratio of 1:2

### **ADDITIONAL ACCESSORIES**

Includes an ankle strap, tricep rope, 2 handles, and a T-bar setup

## **PRODUCT SPECIFICATIONS**

Item Number: LS-FT200 62.39"W X 39.34"L X 87.46H Setup Dimension: Weight: 310kg / 682 lb Weight Stack: (2) x 200 lb Frame: 2"X4" (11 gauge) Premium power coating & Frame Coating: Pulleys & Bearings: Commercial grade pulleys & bearings US **Resistance Ratio:** Included Accessories: Ankle strap, triceps rope, 2 handles, T bar setup

Application:

#### WARRANTY:

10 years: Frame
2 years: Cables, Pulleys, Weight Plates, Bushings, & guide rods
90 days: Upholstery, finish, pull pins, rubber grips, & all other parts

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